



NW JUNIOR REGIONAL TIME TRIAL

Saturday 6th March 2010
Northwich Rowing Club

Raced over 1500 metres

Time trial over 3 Divisions for Boys & Girls J13 - J16
Medals for winners in all categories

Selection for North West Inter-regional Squad

(In most cases the outright winners will be selected but the selectors will be looking for the strongest possible team and reserve the right to select on that basis, including the use of composite crews.)

Team Organiser:

Martin Goswell e-mail: mgoswell@btconnect.com
mobile: 07778 677286

Div 1	10:30am	Div 2	12:30pm	Div 3	2:30pm
M/W 13-16	All singles	WJ13	2x	WJ13	4x+
WJ15	4+	WJ14	2x	WJ14	4x+
WJ16	4+	WJ15	2x	WJ15	4x+
MJ15	4+	WJ16	2x	WJ16	4x
MJ16	4+	MJ13	4x+	MJ13	2x
		MJ14	4x+	MJ14	2x
		MJ15	4x+	MJ15	2x
		MJ16	4x	MJ16	2x
		WJ16	8+	MJ16	8+

Entries on British Rowing Online (please provide current school & T-shirt size for each athlete, along with the email address of the crew coach in the notes section)

Closing date for entries will be 14th February 2010 (the Draw will be released only to club coaches, who can then change crew entries until 19th Feb in order to give crews the best chance to race)

Cost: £3.50 per seat

Draw to be held at 2.00pm on 19th Feb at
69D Cumber Lane, Wilmslow, Cheshire SK9 6EF

(Cheques made payable to N.W. Regional Rowing Council and to be paid on the day)
Race held under British Rowing "Rules of Racing" &
"Row Safe" Guidelines